

## About Our Services



**We are a new and innovative, full-service EAS company providing comprehensive services.**

At Trinity Harbor we are always interested in how we can serve you & your employees more effectively. Our goal is to assist you in "... accessing the resources to enrich your business!"

*Remember, not all EAP's are created equal.*

It is our mission to provide the best quality and most cost-effective Employee Assistance Services available to your company and employees.

Through confidential evaluations, surveys and reviews the following components are enhanced:

- Cost-effectiveness of your EAP program
- Appropriate use of the program by employees
- Employee understanding & recognition of how the EAP is beneficial
- Program design and efficiency tailored to your company's specific needs
- Provision of appropriate services & education/training
- Management/Supervisory support and commitment

Let us design an EAP Program around the specific needs of your company or provide consultation to you in creating your own.



**Trinity Harbor  
Employee Assistance Services**

**Location:  
7401 Wiles Road, Suite #150  
Coral Springs, FL 33067**

**Phone: 877.263.4802  
Web: EAS.TrinityHarbor.Com  
E-mail: eas@trinityharbor.com**

**"Local EAP. Global Reach."**



*Professional*

*Confidential*

*Compassionate*

## Employee Assistance Services:

- Employee Assistance Programs
- Work-Life Solutions
  - *Wellness Employee Website*
  - *Wellness Seminars*
  - *Quarterly Newsletter*
  - *Legal Services*
  - *Child & Elder Care Support*
  - *Personal Finance Management*
  - *Fitness & Nutrition*
- Substance Abuse Services
- Mental Health Services
- Drug-Free Work Place Services

**Tel: (877) 263-4802**

**Web: EAS.TrinityHarbor.Com**

- Employee Assistance Program
  - 24 Hour on-call availability
  - On-Site Consultation and Education
  - Management and Supervisory Training
  - Employee Orientation and Training
  - Assessment, Referral and Follow-up
  - Individual Case Management
  - Quality Assurance
  - Updates/Reviews
  - Crisis Intervention and Debriefing
  - Trainings & Education for employees
- Work-Life Solutions
  - Wellness Seminars
  - Workshops
  - Workplace Mediation
  - Employee Life Balance and Goal Planning
  - Executive Training
  - Leadership Training
  - Life Coaching

## Our Services

### **What is an Employee Assistance Program?**

An Employee Assistance Program, EAP, provides confidential, professional Mental Health counseling & assistance to employees experiencing difficulties or challenges on the job (or in their personal life) as a result of problems such as substance abuse, depression, anxiety, mental-emotional functioning, etc. These problems often interfere with employee performance & productivity on the job, costing the company & employee money, energy and productivity below acceptable standards.

### **Why is an EAP needed?**

1. Increased & Improved Employee Performance and Productivity
2. Quality of Your Work Product & Services
3. Profitability of your Company

### **Will the employees view the EAP as a benefit?**

Yes! The benefit is confidential and extends to their family members as well. Having an EAP shows your employees that you do care about them and their well being.

### **What are the types of EAP's & the costs for each type?**

We build our Employee Assistance Programs around the needs of our clients. Costs are minimal, as low as \$1.00 to \$3.00 per employee and costs can be covered by the employer, or by the employee, or split between the two due to the fact that it is beneficial for both parties.

### **What makes an EAP really successful?**

Appropriate promotion, quality training, complete confidentiality, and a professional EAP staff.

*Let us design an EAP Program around the specific needs of your company or provide consultation to you in creating your own. Call us at (877) 263-4802 to schedule a phone consultation with one of our account executives.*

- Mental Health / Behavioral Health
  - Brief Solution Therapy for Individuals, Groups and Families
  - Pre-Marital and Marital Counseling
  - Crisis Intervention
  - Child Play Therapy
  - Elder and Caregiver Therapy
- Substance Abuse Services
  - Assessment and Treatment of Adults and Adolescent
  - Relapse Prevention Therapy
  - Individual Recovery Planning
  - Family & Co-Dependency Issues
  - Individual and Group Therapy
  - Recovering Couples Therapy
  - Individuals, Families, Couples & Groups

**ALSO:**

**DRUG-FREE WORK PLACE  
IMPLEMENTATION**